

Behavioral Health Treatment Consent Form

Behavioral Health Services at Open Door Community Clinics is designed to compliment your health care through developing skills and strategies to help improve lifestyle habits. The Behavioral Consultant works closely with your Primary Care Provider to develop treatment plans for your care. Your Primary Care Provider is regularly informed of your behavioral health progress.

Behavioral Services begin with an evaluation to determine the level of care you may need. This evaluation does not indicate that you are a patient of Behavioral Health until recommendations are made by the evaluating Behavioral Consultant. Our Program is not designed to address severe mental health needs and therefore every attempt will be made to refer those individuals to appropriate services. If you receive a referral to an outside service which you decline, you may be asked to sign a statement declining the referral. Whether you accept an outside referral or not, once you are discharged from Behavioral Health Services you are discharged into the care of your Primary Care Provider. You may also be asked to work with a Case Manager or Triage Nurse if you have special needs that arise.

Behavioral Health Services are NOT available after normal clinic hours and are NOT appropriate for a mental health crisis. In a mental health emergency you should contact Humboldt County 24-hour crisis line: 445-7715, or the Del Norte County 24-hour crisis line: 464-7432. If you contact the clinic with emergency mental health concerns your call will be directed to the Triage Nurse or Case Manager to help you contact the appropriate mental health setting. Your call will not be taken by the Behavioral Health Consultant.

Behavioral Health Services consist of 12 visits or less, and sessions are approximately 30 minutes in length. If you need to cancel a visit please notify our offices at least 24 hours before your scheduled visit. Professional standards regarding confidentiality will be observed during your treatment. Information disclosed in the course of Behavioral Health treatment will not be revealed to agencies or health care providers outside of Open Door Community Clinics unless:

1. The Behavioral Health Consultant has reason to believe a minor, elder or dependent adult is/has been at risk of abuse.
2. There is a clear and immediate danger to the patient, including self-abuse (harm or intent to harm self) or a serious threat to another person.
3. If a lawsuit is filed against the clinic or your records are court ordered to be released by a judge.
4. If you waive your right to confidentiality.

The fee for Behavioral Health Services is billed to Medi-Cal, Medicare, or sliding scale. You can discuss your specific payment arrangements with the clinic receptionist.

I have read and understood the above information and received a copy of this form.

Patient: _____ Date: _____

Parent/Guardian: _____ Date: _____

Behavioral Health Consultant: _____ Date: _____

CONFIDENTIAL