

TELEHEALTH & VISITING SPECIALIST CENTER
Open Door Community Health Centers

Cardiology
Telemedicine Guidelines

Disease specific requirements

Tests prior to consult:

Please refer to the specific pre-visit tests on following pages

Consultant:

David Ploss, MD

Appointment Scheduling:

New: 45 min Follow Up: 30 min

Payment Options:

Sliding Fee Scale
50% / 35% / 20% off total visit price

Medi-Cal, MediCare, CMSP, Healthy Families

Please send the following information prior to scheduling an appointment:

1. Completed Telemedicine Referral Form
2. Recent H&P and all applicable clinical information from patient chart.
3. Current medication list

CARDIOLOGY
Telemedicine and General Referral Guidelines

(Pacific Heart Group phone: 444-8300)

- Current Medication list needed on all patients

A flutter & atrial fibrillation - see A FIB

Abnormal ETT – exercise treadmill test

Nuclear Stress Test = Cardiolute if they **can walk**,
Persantine/Adenosine = if they **cannot walk**

(Re: Nuc stress and Persantine/adenosine: Patients to be referred to Dr. Ploss at TVSC can be referred to Pacific Heart Group for these tests, they will schedule and supervise them at SJH before the consult.)

If the referring physician feels the patient should be seen without having further testing our doctors will need the Treadmill report and the EKG at peak, 1 minute after peak and resting stages

Abnormal Holter: this is not a diagnosis – what is the abnormality?
i.e. palpitations, arrhythmia, bradycardia

Afib – atrial fibrillation

EKG

*If EKG doesn't capture Afib or Aflutter:

- 24 hour holter – if they have symptoms every day
- 30 day event monitor - if symptoms are occasional

you can refer holters/events to us if patient is insured CMSP or Medi-Cal. Uninsured you schedule at SJH

ECHO

you can refer Echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Labs: Thyroid Panel and BMP

Angina –

current EKG

if no history of heart disease do TREADMILL

if they can't walk on treadmill, or have a Left Bundle Branch Block on EKG or are on digoxin, schedule a Nuclear Stress Test

if they do have history schedule a Nuclear Stress Test

Aortic Valve – replacement > 1 year

Get Aortic Valve surgical report if available

Echo -you can refer to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Aortic Stenosis – urgent take to a physician for evaluation. Depends on the severity of disease. Patient has probably had echo already.

Arrhythmia - EKG

24 hour holter if they have it everyday

30 day every if it is occasional

you can refer holters/events to us if patient is insured, CMSP or Medi-Cal. Uninsured you schedule at SJH.

Atypical Chest Pain

See: Chest Pain

Bradycardia - EKG

24 hour holter if they have it everyday

30 day event monitor if it is occasional

you can refer holters /events to us if patient is insured, CMSP, Medi-Cal . Uninsured you schedule at SJH

CAD – coronary artery disease

SEE: **Angina**

Cardiomyopathy - EKG

Current ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you.

Cath Consult - + TM OR

+ Nuclear Stress Test

History of Angina

Chest Pain - Current EKG

If no history of heart disease do TREADMILL

If patient can't walk on a T/M ,have Left Bundle Branch

Block or on digoxin schedule a Nuclear Stress Test

CHF – congestive heart failure

EKG

Current ECHO

? if TEE @ hospital would be appropriate

(can send a referral over for us to schedule w/Dr Ploss at SJH)

? Carotid ultrasound – you schedule @ hospital

Chronic Fatigue Syndrome

Tilt Table Test @ hospital

(can send a referral over for us to schedule w/Dr Ploss @SJH)

CVA – cerebrovascular accident

EKG

Current ECHO

You can refer to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

? If TEE @ hospital would be appropriate

(can send a referral over for us to schedule w/Dr Ploss @SJH)

? Carotid ultrasound - you schedule @ hospital

Dilated cardiomyopathy

EKG

Current ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Dyspnea - SEE SOB

Ectopy - 24 Holter or Event Monitor

you can refer to us if patient is insured, CMSP or Medi-cal. Uninsured are scheduled at SJH by you

Edema - EKG

Current Echo

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Labs: BMP

Family History ? of What ? you need the DX

Fatigue ? – not a payable DX in cardiology

Heart Block what degree of heart block? **Complete is emergent**

EKG

HTN – hypertension

EKG

Current ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Labs: BMP

Hypercholesterolemia

Lipid and liver panel
Berkeley Heart Lab
(call our office re Berkeley Heart Labs)

Hyperlipidemia

Lipid and Liver Panel
Berkeley Heart Lab
(call our office re Berkeley Heart Lab)

LBBB – left bundle branch block (pt w/LBBB can't be scheduled for a regular treadmill, they need a nuclear stress)

EKG
Echo

You can refer Echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Marfans - Echo

You can refer Echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Mitral regurgitation - Echo

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Murmur - ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

MVP – mitral valve prolapse - Current ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

PACs - Premature Atrial Complex

EKG
24 hour holter

you can refer to us if patient is insured, CMSP or Medi-Cal. Uninsured are scheduled at SJH by you

Palpitations - EKG

24 hour holter if they have it everyday
30 day event if it is occasional

you can refer to us if patient is insured, CMSP or Medi-Cal. Uninsured are scheduled at SJH by you.

ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Pre- op surgery clearance – depends on what they are looking for. Usually needs a nuclear stress test

PSVT – paroxysmal supraventricular tachycardia

EKG (copy of EKG showing tachy from ER visit)

24 hour holter if they have it everyday

30 day event if it is occasional

you can refer holter/event to us if patient is insured, CMSP or Medi-Cal. Uninsured you schedule at SJH

ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

PVC's – premature ventricular contractions

EKG

24 hour holter

you can refer to us if patient is insured, CMSP or Medi-Cal. Uninsured are scheduled at SJH by you.

SOB – shortness of breath

Current ECHO

EKG

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

Syncope - 24 hour holter if they have it everyday

30 day event if it is occasional

you can refer holter/event to us if patient is insured, CMSP or Medi-Cal. Uninsured you schedule at SJH

S/P Angioplasty (PTCA) (w/stent PTCI) < 1 year

EKG

Nuclear Stress Test @ 6 months

S/P Angioplasty > 1 year

EKG

Labs: Lipid Panel

Nuclear Stress Test Q 1-2 years

S/P CABG < 6 months

CXR

CABG report

Nuclear Stress Test @ 6 months

S/P CABG > 6 months

EKG

Lab: Lipid Panel

Nuclear Stress Test Q 1-2 years

S/P Valve repair or replacement < 1 year

ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

S/P Valve repair or replacement > 1 year

ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

SVT – supraventricular tachycardia

EKG showing SVT or tachy

24 hour holter if they have it everyday

30 day event if it is occasional

you can refer holter/event to us if patient is insured or CMSP or Medi-Cal. Uninsured are scheduled at SJH by you.

Tachy – tachycardia: **See SVT**

TIA – transient ischemic accident

EKG

Current ECHO

you can refer echo to us if patient is insured, Medi-cal or CMSP. Uninsured are scheduled at SJH by you

+ Treadmill - : **See Abnormal ETT**

WPW – Wolf Parkinson white : **See SVT**