

The Telehealth and Visiting Specialist Center  
Telemedicine Referral Guidelines

**DIABETES EDUCATION AND MANAGEMENT**  
**Telemedicine Consultations**

Guidelines for **Diabetes Self Management Education**  
**Diabetes Management Consults:**

For patients with diagnosed diabetes or metabolic syndrome, single patient or group sessions:

- 1) Finger stick glucose monitoring must be taught or reviewed by the referring site prior to consult.
- 2) Educational materials (booklets, handouts) requested by the TVSC consultant should be made available to the patient(s) prior to the consult.
- 3) Problem list, Medication list, completed Referral form, Diabetes history form and all applicable clinical information from patient record.
- 4) Labs: most recent CMP, Lipids, Micral or Micral/CR ratio, and last 3 HbA1c's
- 5) Patient log book for last 2 weeks
- 6) Medication and insulin adjustments will be made only if requested by referring clinician on referral form

A brief live video or telephone conversation with the referring site Diabetes Coordinator or RN is requested prior to the initial consult from that site.

**TVSC Telemedicine: (707)442-4038 fax: (707)442-4039**  
**<http://opendoorhealth.com/telemedicine.php>**